

# SENIOR SERVICES OF NORTHERN KENTUCKY

**MAY 2010**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Swiss Style Beef Patty Mashed Potatoes Whole Kernel Corn Whole Wheat Bread (2) Margarine *Mandarin Oranges Milk 2%	Chicken Breast Fillet/ Honey Mustard Sauce *Brussels Sprouts Garden Salad FF Ranch Dressing Whole Wheat Bread (2) Margarine Spiced Peaches Milk 2%	Beef Patty Pepper & Onion Gravy *Mixed Vegetables *Chantilly Potatoes Whole Wheat Bread (2) Diet Cherry Gelatin Milk 2%	Chicken Breast w/Marinara Sauce *Green Beans *Cauliflower & Carrots Whole Wheat Bread (2) Banana Milk 2%	Mother's Day Special Chicken Stir Fry Steamed Rice Oriental Blend Vegetables *Pineapple Juice Whole Wheat Bread Fortune Cookie Milk 2%
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
MEATLESS MONDAY Pasta Primavera 8 oz *Green Beans Corn *Mixed Fruit Wheat Roll Margarine Milk 2%	Sliced Ham / Raisin Sauce *Green Peas & Onions Lynnaise Potatoes Whole Wheat Bread (2) Margarine Banana Milk 2%	Chicken Divan Casserole *Steamed Spinach Harvard Beets Whole Wheat Roll Margarine *Diet Lime Gelatin Milk 2%	Turkey Pot Pie Herbed Carrots Zucchini /Red Peppers Whole Wheat Bread (2) Margarine *Mandarin Orange Ambrosia Diet *Mandarin Oranges Milk 2%	Spaghetti W/Meatsauce *Green Peas & Onions Squash Whole Wheat Roll Margarine *Applesauce Milk 2%
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Peach-Orange BBQ Chicken Creamed Potatoes Steamed Spinach Whole Wheat Roll Margarine *Mixed Fruit Milk 2%	Beef Patty *California Blend Vegetables Baked Beans Hamburger Bun Diet Cherry Gelatin Milk 2%	HAPPY BIRTHDAY Meatloaf w/Gravy Delmonico Potatoes Green Beans Whole Wheat Bread (2) Margarine *Orange Milk 2%	Mettwurst Sauerkraut *Mashed Potatoes Hot Dog Bun *Tropical Fruit Mix Milk 2%	Chicken Breast Fillet/Gravy *Buttered Cabbage *Stewed Tomatoes Whole Wheat Bread (2) Margarine Diet Pumpkin Cookie Milk 2%
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
MEATLESS MONDAY Macaroni & Cheese 8 oz Buttered Carrots Peas Whole Wheat Bread Margarine *Pineapple Chunks Milk 2%	Pork Ribblett BBQ Sauce *Collard Greens Ranch Beans Hamburger Bun Diet Apple Cobbler Milk 2%	Country Meatballs *Creamed Potatoes LimaBeans w/Red Peppers Whole Wheat Roll Diet Lime Citrus Mold Milk 2%	Chicken Parmesan Italian Blend Vegetables *Brussels Sprouts Whole Wheat Bread Pineapple Pudding Diet Pudding Milk 2%	Beef Tips/Brown Gravy *Mashed Potatoes *Normandy Blend Vegetables Whole Wheat Bread (2) Margarine Banana Milk 2%
<b>31</b>				
ALL MEAL SITES CLOSED  MEMORIAL DAY				